

Instructions: Read your chosen manifestation aloud three times in the morning before you start your day, in the afternoon when you can find a quiet moment, and before you go to sleep.

Scripting manifestation for a new job

I am grateful for the experience that I gained at my last job. It has helped me to know exactly what I do want and don't want in my future jobs. I am working in a new role where I am able to use my talents and have discussions with my colleagues who value my input. I enjoy the new tasks and the support that I get from my co-workers. My manager is completely transparent and has an open door policy which I find refreshing. I enjoy getting up in the morning to go to work, and I enjoy the fact we can work remotely if we choose. My job is aligned with my personal values and my financial goals.

Scripting manifestation for a new house

I say thank you to my old living space for providing me shelter and warmth and safety. I am grateful for my bed, the furniture, and the eternal friendships made in this time. I am excited to decorate my new house which is perfectly tucked into a quiet cul-de-sac, where holidays like Thanksgiving and Halloween are celebrated together with fun, friendly neighbors. The flow of my house and high ceilings keeps everything cool in summer and makes the interior feel spacious. Sitting in this home makes me feel cozy, centered, and whole. I feel balanced here, nourished, and healthy. I am grateful I took the chance to move to this new home and the amazing life I am living here.

Scripting manifestation for a new relationship

I am elated that I have met my new partner and that they are always surprising me with little notes, and giant hugs when I don't expect it. They are so understanding about my past and want to help me grow into my ideal self. They have a heart of gold, are the most caring person ever, and they bring so much positivity and joy to my world. I feel so adored and cared for with them in my life. I feel understood and safe and calm in their arms. Our relationship is healthy and fulfilling in so many ways. I am glad that I took a chance and went on our first date and that our relationship is prospering and growing in such healthy ways. Each day we prioritize each other and work to build a strong, sturdy foundation based on mutual respect, love and adoration.

Scripting manifestation for money

I am a money magnet and money just flows straight to me. I never want for anything because there is always money in my bank account. Money is easy to make and provides me with the freedom I have desired for so long. Now, instead of always thinking about money, I can now think about giving back, helping others, traveling, and enjoying life from anywhere in the world. I am grateful for the opportunities I have had and still have, that allows money to end up in my bank account, month after month. I love this tool, and the advantages that it gives me in life. Money is good, and creates so many opportunities for me to give to others and to create peace and joy in the world. I am so blessed by the abundance that is flowing into my life from expected and unexpected sources. I am abundant, I am wealthy, I am prosperous.

Scripting manifestation for weight loss

I am a healthy, thin woman. I move easily through space, my body unencumbered. I feel light as a feather. I can run with ease, climb stairs effortlessly, and my body is a beautiful temple. I am so proud of myself for making healthy choices and prioritizing my health - the hard work has really paid off. As I step into these tiny jeans that I never thought would fit me, I feel elated with my progress. I worked hard to understand why I was always sabotaging my own progress, and now my subconscious mind and my conscious mind are in perfect alignment with my health goals. I am my ideal weight, and I have never felt more alive. I am glad to wake up every new morning with the energy to jump out of bed and start a beautiful day. I am thin. I am thin. I am thin.